What's on at Gresford Trust

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	The Story Tent 9.30am / 10.45am	Gresford Craft Group 9.30am Zumba 9.30am	Pilates 9.30am Exercise with Baby Pilates – Supported & Seated 11am	Pilates 9.30am	Pilates 9.30am Stained Glass group 9.30am	Functional Fitness Circuits 7.45am Pro-Skill Soccer 9am Pilates 9am	Footicubs: Cubs 9.45am Grizzlies 10.30am Bears 11.15am
Afternoon		Rainbows 4pm	St Margaret's indoor bowls 1pm (Oct – Mar)	Gresford Retirement Group 2pm (2nd & 4th Thursday) Taekwondo Mini Ninjas 4.30pm	Pilates 4pm Street Dance (infants) 4.30pm		
Evening	Pilates 6pm Yoga 7pm	Brownies 5.30pm Pilates 7.30pm Gresford Craft Group 7.30pm Wrexham Chess Club 6pm (Sept-end May)	Mini Kickers 5pm Zumba 6.30pm Pilates 7.30pm Wrexham Quilting Circle (2nd Wed of month) WI 7.30pm (1st Wed of month)	Tae KwonDo Ninjas 5.15pm Tae KwonDo Families 6pm Ladies Kick-Boxing 7.15pm Pilates 7pm IMAGE 7.30pm (3rd Thurs of month)	Street Dance 5.30pm Wrexham Birdwatchers (Sept-Apr 1st Friday of month) 7.00pm		

Don't forget – other activities available: Gresford Athletic FC, GAFC Juniors, Gresford Cricket Club, Gresford Tennis Club, Snooker & Bowls.

For up to date information and contact numbers for classes, please see our website, gresfordtrust.org, or alternatively contact us on 01978 856650.

@gresfordtrust